



National Seminar on Clinical Implications of Cognitive Behaviour Therapy

RCI APPROVED

CRE ID - 25010610342200

12 CRE POINTS

HYBRID MODE

Feb 20th & 21st, 2025

9AM - 5.30PM

About the Seminar

This two-day seminar, organized by the Department of Clinical Psychology, is designed for professionals to intergrate Cognitive Behaviour Therapy (CBT) in their therapeutic techniques. It is tailored for Clinical Psychologists, Rehabilitation Psychologists, Psychiatrists, Psychiatric Social Workers, Speech-Language Pathologists/Therapists, Postgraduate students. This seminar aims to enhance participant's ability to support individuals with communication disorders, neurodevelopmental disorders, and anxiety/depression. By equipping attendees with foundational CBT skills, the seminar seeks to improve therapy outcomes while addressing the mental health challenges that often interfere with therapeutic processes. Additionally, the seminar will provide valuable insights into caregiver difficulties and perspectives, enabling professionals to better understand and support the individuals in their care. This broader perspective is essential for developing a more comprehensive and effective therapeutic approach, ensuring that therapy is both inclusive and successful.

About AIISH

The All India Institute of Speech and Hearing (AIISH), under the Ministry of Health and Family Welfare, Government of India focuses on developing professionals in speech, language, hearing, special education, and clinical psychology conducting research, providing rehabilitation services for communication disorders/ neurodevelopmental disorders, and promoting public awareness about prevention and early identification.

Topic

Day 1

- Overview, Principles and Applications of CBT
- Case Formulation in CBT
- CBT for persons with ADHD
- CBT for persons with Anxiety and Depression
- CBT for persons with ASD and SLD
- CBT for persons with OCD (Obsessive Compulsive Related Disorders)

Day2

- Session Recording & Therapy Report Writing for CBT
- CBT for persons with Stuttering
- CBT for persons with Tinnitus
- CBT for persons with Cleft Lip and Palate
- CBT for Caregivers of Children with Neurodevelopmental Disorders
- CBT Model of Marital Therapy for Caregivers with Neurodevelopmental Disorders
- Case Presentations, Discussion & Feedback

Fees and Payment procedure

OFFLINE		ONLINE	
Professionals	Rs.1500/-	All	Rs.1050/-
Students	Rs.1050/-		
AIISH Students	Rs.750/-		

(Inclusive of Registration kit, Lunch, High Tea on both days)

Participants must: Register on the RCI website. Pay the registration fee through the QR Code Complete the Google Form registration



Last Date for registration: 10/02/2025

CLICK HER FOR

RCI REG.

GOOGLE FORM

Speakers



Dr. Manjula M

Professor, Behavior Therapy Unit,
Department of Clinical Psychology,
NIMHANS, Bengaluru



Dr. Gouri Shankar Kaloiya

Professor Clinical Psychology,
Department of Psychiatry,
AIIMS, Delhi



Dr. Rushi

Professor & Head,
Department of Clinical Psychology,
AIISH, Mysuru



Dr. Thomas Kishore

Professor, Child & Adolescent Unit,
Department of Clinical Psychology,
NIMHANS, Bengaluru



Dr. Ajay Sharma

Associate Professor,
Department of Clinical Psychology,
NIMHANS, Bengaluru



Dr. Rithvik Kashyap

Assistant Professor,
Department of Clinical Psychology,
JSS, Mysuru



Dr. Sanjeev Kumar Gupta

Clinical Psychologist,
Department of Clinical Psychology,
AIISH, Mysuru



Dr. Yashodhara Kumar G. Y.

Clinical Psychologist,
Department of Clinical Psychology,
AIISH, Mysuru



Ms. Shruthi P S

Clinical Psychologist,
Department of Clinical Psychology,
AIISH, Mysuru



Ms. Procheta Mahanta

Lecturer in Clinical Psychology,
Department of Clinical Psychology,
AIISH, Mysuru

Who can participate ?

Clinical Psychologists, Rehabilitation Psychologists,
Psychiatrists, Psychiatric Social Workers,
Audiologists, Special Educators, Speech Language
Pathologists/ Therapists and Postgraduate
Students.

Accommodation

Possible accommodation details are
accessible through the QR code. You
are expected to make arrangements
for your stay on your own.



**Without completing the registration on the RCI website and on the Google Form,
the participants will not be eligible for CRE points.**

Please note:

**Participation in online mode does not qualify for CRE points ,only offline mode is
eligible for CRE points, as per RCI guidelines.**

Organizing team

Organizing Chairperson: Dr.Rushi

Organizing Secretary: Dr.Sanjeev Kumar Gupta

Co-ordinators: Ms.Shruthi PS & Ms.Procheta Mahanta

Registration Committee: Mr. Akash VS & Ms. Asha Ganesh

Scientific Committee: Dr. Yashodhara Kumar GY & Mr. Freddy Antony

Accommodation Committee: Mr. Raju HH & Dr. Purshotham

Hospitality Committee: Ms.Shruthi PS & Ms.Procheta Mahanta

Contact us

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**Venue: Seminar Hall, Knowledge Park,
All India Institute of Speech and Hearing, Manasagotri, Mysore - 570006**