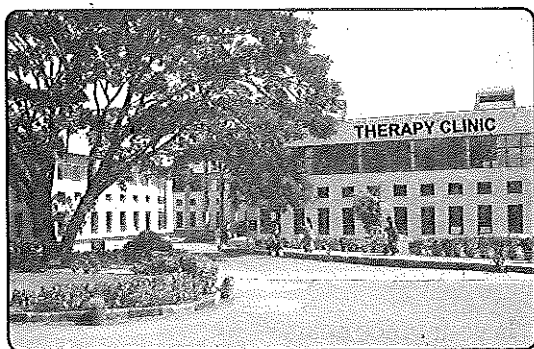


**DEPARTMENT OF PREVENTION OF
COMMUNICATION DISORDERS (POCD)**

ALL INDIA INSTITUTE OF SPEECH & HEARING

Manasagangothri, Mysore -570 006



Prevention of Speech & Language Disorders

Test Yourself For:

- **Voice Disorders**
- **Stammering and Other Fluency Disorders**
- **Reading / Writing Difficulties**
- **Articulation Disorders**
- **Problems due to Disorders of Nervous System**
- **Other Types of Speech & Language Disorders**



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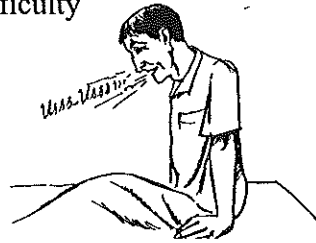
**Phone Numbers : 0821-2514449 / 2515410 / 2515805 / 2514313
/ 2515218 / 2515618**

Voice Disorders

- Do you have throat pain when you speak or swallow?



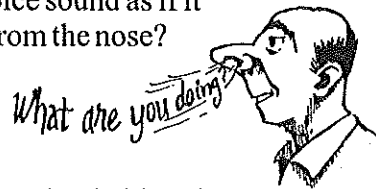
- Do you have difficulty in breathing?



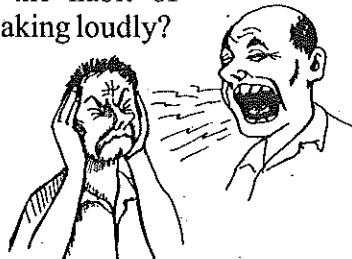
- Is your voice hoarse?



- Does your voice sound as if it is produced from the nose?



- Do you have the habit of shouting or speaking loudly?



- Do you feel your voice is not like that of people of your age?

Stammering and Other Fluency Disorders

- Do you have dysfluencies in your speech such as
 - * prolonging and / or repeating a sound or word.
 - * breaks and / or silent periods



- Do you speak in a very slow or fast manner?



- Do you get blocks when you speak with superiors, strangers or on stage due to increased anxiety?

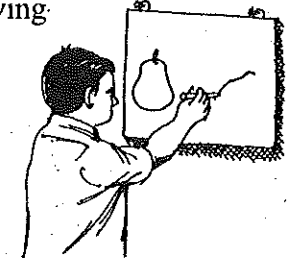


Reading and Writing Difficulties

- Do you have difficulty in reading / writing letters or words of your language?



- If you are a student, do you have difficulty in copying from the board?



- Do you omit lines when you read?

- Do you have difficulty in understanding the speech of others in a crowded place like market or marriage hall?

- Do you have confusion in identifying left and right directions?



- Do you have difficulty in understanding what you read?

Articulation Disorders

- Do you have a split lip or hole in the palate ?



- Do you have difficulty in pronouncing the sounds of your language ?

- Do you have difficulty in pronouncing word clusters such as 'sanskrit', 'crooked', 'autoriksha' etc?



- When you speak do you feel that most of the sounds seem to escape from your nose ?

Problems due to Disorders of Nervous System

- Do you have weakness in the muscles of your tongue, lips or any other structures used for speech ?



- Do you have weakness in the movement of arms, legs, eyes etc ?

- Do you have difficulty in holding pen, catching ball, running, walking etc ?



- Does your child drool from mouth ?

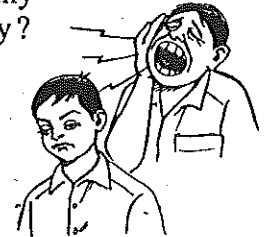


Other Types of Speech & Language Disorders

- Is your child's speech & language development slow ?



- Does your child hear only when spoken too loudly ?



- Is your child's memory and intelligence poorer than children of his age ?
- Is your child poor in tasks like dressing himself, eating himself etc ?
- Is your child having difficulty in expressing through speech although he can understand speech very well ?
- Doesn't your child mingle well with his/her companions ?



If your answer to any of the question above is 'Yes' consult a speech-language pathologist.



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